

ABSTRACT

The present invention provides a leg pad comprising a shin guard and a strap. The strap comprises a first section, a second section and a third section. The first section affixes the
5 strap to the shin guard and comprises a rear surface for facing the shin guard and a front surface that comprises a front affixing portion. The second section extends from the first section and comprises a rear surface. The third section extends from the second section and comprises a rear surface that has a rear affixing portion. In use, the rear surface of the second section faces a back portion of the wearer's leg and the third section at least
10 partially overlaps the first section such that the user can engage the rear affixing portion with the front affixing portion for securing the leg pad to the leg.